

Know your skin type before you go in for a facial



Whether it's your own wedding or you're attending one, glowing, healthy skin is essential to looking your best. However, salon treatments only treat the surface and do not penetrate deep into the skin to target pimples, marks, scars, pores or pigmentation. But some offerings at Reva, the aesthetics clinic, do that.

Medi-Facials: For extra-sensitive skin on face, hands, back and legs. Such facials are tailored for sensitive skin types and conditions like acne, pigmentation, scarring and sun damage. An enhanced combination of herbal actives, natural enzymes and antioxidants is infused deeply into skin, after refreshing skin renewal techniques of diamond microdermabrasion/oxygen boost or microplaning. Microplaning/levelling the skin is the process of removing the outer layers of skin with light feathering strokes, with a specialized instrument, to produce an evenly exfoliated, healthy looking, smooth, clear skin.

Oxyhydrating therapy: A combination of 100% oxygen and normal saline infusion under standardized pressure to detoxify, hydrate and stimulate microcirculation. Skin looks vibrant, smooth and younger.

Diamond microdermabrasion: A therapy in which a diamond tip with various differently sized particles under a particular vacuum is used to unclog pores and remove the outermost layer of dead skin cells. It decreases fine wrinkles and superficial pigmentation, balances skin tone, brightens a dull complexion and controls the secretion of oil.

Photofacials: A photofacial is a 60-minute procedure which is incorporated within regular facial treatment, and in which intense pulses of light are used to penetrate deep into the skin.

Dr Shubhangi Perkar says, "A combination of fusion facial with photofacial gives one excellent results and should be adopted as a monthly ritual for at least three months before wedding and should be combined with products that maintain your skin further. Cleanser depending on skin type, toning pad, sunscreen minimum 30 plus that protects from both UVA and UVB rays, moisturizer and antioxidant serums should be inculcated as a part of daily ritual."

One can also go for neofacials which are entirely medical based. Dr Perkar says, "Treating the skin with forever young BBL (photofacials) can do wonders. Brides can look beautiful with diamond polish and the various fusion facials."

Dr Perkar says that one should know what works and doesn't work for their skin.

Reva Aesthetics, second floor, M-10, South Ext. II, New Delhi. Contact: Jharna Dhar on 9899817938.



Amit Behki (C, in blue) poses with models in outfits designed by him

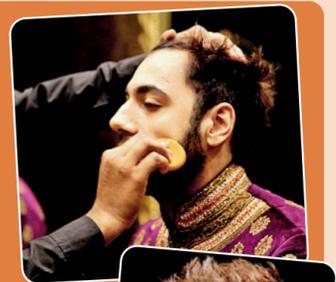
Why shouldn't the dulha look perfect as well?

It's women who're known to put time and effort into dressing up, and a bride's trousseau, especially, is watched keenly during a wedding. However, men also now take a great interest in being well dressed, and a wedding is obviously the primary occasion when a man wants to look his best. Designers have been catering to just such men, and one of them is the Delhi-based Amit Behki. His studio, Creative Stop, features men's ensembles in contemporary Indo-Western designs, including sherwanis, suits, kurtas and array of other men's traditional apparel.

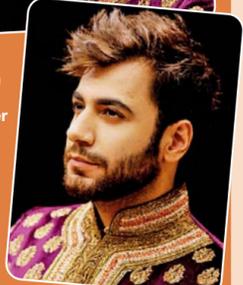
Behki is also an expert in custom-made men's clothing, especially luxury designer clothes. In fact, he understands the hectic and complex wedding process, and therefore tailors his services accordingly. He has the option of 'nocturnal timings' - 9.30pm to 4.30am - when busy grooms can consult him on their wedding outfits. Besides that, he also offers 'studio dressing' to ensure that the groom is dressed up to look his best, complete with a *safa*. They adorn the groom according to the style pyramid - perfect fit, quality fabric, and creative design. The elements of an impressive groom's outfit are a richly embroidered *sherwani*, a stole worn around the neck, *mojdis* and a perfectly tied stylish *safa* with a *kalgi* pinned in the front or a feather perched on top, says Behki. They even have makeup artists and an expert *safa* draper to help the groom get dressed.

Says Behki, "The accessories - turban, stole, *jutti*, *kalangi*, *kamarbandh*, brooch, *baajubandh*, pearls *mala*, antique rings, sword and other accessories are sometimes even more important than the main garment, the *sherwani*. To stand out on your wedding, you need to use the accessories in the right way, rather than putting the entire emphasis on the *sherwani*. The right colour of the *sherwani* with the right combination of turban, stole, *baajubandh*, pearls or emerald *mala* and a brooch will make you look different." He will soon be coming up with a new store in Gurgaon.

Address: Creative Stop, 53, Harsh Vihar, Pitampura
For appointments, call: 011-47023888, 9958393888, 9350533888
www.creativestop.in
You can follow them on Facebook, Twitter and LinkedIn.
Appointments can be booked for between 9.30pm and 4.30am.



The groom undergoes a makeover for his D-day



Made up and ready to wed



Getting a perfect hairdo

It's the season of weddings, and therefore wedding makeup. Aashmeen Munjaal's Star Salon & Academy, established members of the salon and training industry, with six outlets across Delhi, have launched their latest series of makeup offerings for the wedding season. Be it brides, grooms, family or friends - there's something for everyone.

In the department of hairstyling, with its exclusive tie-ups with international L'Oreal Arth Academy, Star hair experts and trainers have impressed the industry with their exclusive offerings in designer cuts, colour, textures and treatments. If you're looking at a career in the makeup and hair industry, you could therefore try Aashmeen Munjaal.

For details, call 8010044044; Locations: Pacific Mall, South Ex, Pitampura, Moments Mall, Kamla Nagar



Aashmeen Munjaal with a bride



The team from the salon poses with the decked-up brides

Indian jewellery chain to touch 126 outlets by the New Year



Brand ambassador Kareena Kapoor Khan will inaugurate this showroom



The interiors of the store

Malabar Gold & Diamonds, a leading global jewellery retailer, is on a major expansion spree with the launch of five new showrooms planned in quick succession, starting today and concluding on January 3, 2015. One of the highlights will be the brand's new showroom at Gold Souk, Deira, which is being touted as Dubai's largest jewellery outlet.

Brand ambassador Kareena Kapoor Khan will inaugurate the showroom today evening, making it the group's 122nd store worldwide. Spread over 9,500 sq ft and located in the heart of Dubai, it features the choicest collection of jewellery from India, Malaysia, Turkey, Singapore, Hong Kong, Pakistan, Thailand, Italy, Spain and Bahrain, to cater to its global shoppers who frequent Dubai, especially during the shopping festival there. The staff includes nationals from 10 countries, who can handle customers representing 31 languages. Among other attractions of the mega showroom include a golden replica of Burj Khalifa in 18 carat gold, weighing 22.65 kg. Another one is a gold bar in 24 carat, weighing 160 kg. A designer party wear, attire crafted in 18 carat gold, weighing 1.075 kg is also on display. Thirty expert artisans spent 3600 man-hours and fifteen days to craft this attire.

MP Ahammed (Malabar Group Chairman) believes that understanding the cultural ethos and ornamental preferences of a region plays a pivotal role in making retail jewellery popular among the masses, cutting across boundaries. Adds Shamil Ahammed MP (MD, International Operations, Malabar Gold & Diamonds) said, "Dubai, the city of gold, has seen an increasing demand for jewellery from residents and tourists alike. Our new showroom here will provide a great opportunity for people to get the ornament of their choice from our immense collection."

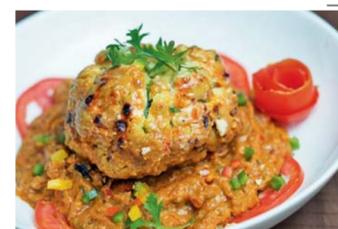
The brand is widening its network in Andhra Pradesh with their new showroom at Kadapa, which will be inaugurated by actress Kajal Aggarwal tomorrow at 11.30 am. The next new showroom in the Kingdom of Saudi Arabia will open on December 24 at LuLu Hypermarket (Riyadh), followed by one in Singapore on December 26. Kannada star Darshan will inaugurate the 126th showroom at Kalaburagi (Gulbarga) Karnataka on January 3.



A replica of Dubai's Burj Khalifa in 18 carat gold

A gold bar weighing 160 kg

Amritsar to Lahore in a few bites



Gobhi Mussallam



Nalli Nihari



Shekhar Ravjani with a company rep

Global Food Factory (GFF) at Rajouri Garden is hosting a variety of food festivals from various eating destinations around the world. The restaurant launched its first food festival called the Amritsar to Lahore Express this week, with the music director, composer and playback singer Shekhar Ravjani from the Vishal & Shekhar music directing duo.

Some of the dishes on the unlimited buffet menu are Banno and Kalmi Kebab, Papad aur Matar ki Tikki, Chana Sikampuri, Mushroom Hussaini, Multani Murgh Mussalam and Chicken Akbari. Shekhar who ate at the restaurant told the management, "I have eaten about 10 dishes and I really enjoyed all of them. It's like I want to eat more but have no space." The management plans to open five more restaurants over the next two years and 25 over the next five years.

Address: A 15, Ground Floor, Vishal Enclave, Main Najafgarh Road, Rajouri Garden, New Delhi
Contact Number : 011-45519761/2

Mumbai's flavours come to the capital

Shiv Sagar, a restaurant that has its outlets in Mumbai, has now come to Delhi. Located at Janpath, the restaurant offers dishes with the finest flavours, and the freshest ingredients, say company reps.

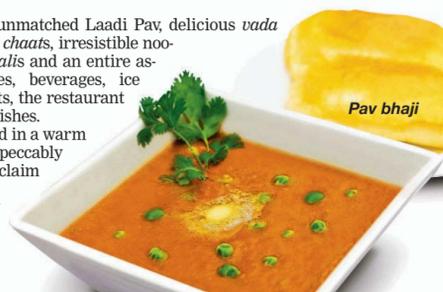
Right from the unmatched Laadi Pav, delicious *vada pavs*, finger-licking *chaats*, irresistible noodles, tantalizing *thalis* and an entire assortment of juices, beverages, ice creams and desserts, the restaurant offers an array of dishes.

The food is served in a warm ambience by an impeccably hospitable staff, claim reps.

Meal for two: ₹600 plus taxes
Address: 52, Janpath, New Delhi
Timings: 11am to midnight
Contact: 011-4359 3000



The interiors of the restaurant



Pav bhaji



Vada idli